

CW Kosher Selections

Unless otherwise specified, Michigan Medicine only uses the following Kosher symbols:



M – Meat
D – Dairy
F – Fish

DE – Dairy Equipment
P – Pareve
GF—Gluten Free

**Please note that Patient Food Services does not have a Kosher kitchen.

Kosher menu and inventory is under the supervision of Rabbi Vineburg. For questions, please call 734-934-4041.

Breakfast

- ◆ Cheese Omelet *with potato* (D)
Cholov Yisroel
- ◆ Mini Maple Pancakes (D)
- ◆ Plain Bagel GF (P) [K] Cream Cheese: (D)
-Light, Chive & Onion or Strawberry
- ◆ Blueberry Muffin GF (P) [K]
- ◆ Cereal:
Cheerios (P) Raisin Bran (P)
Cinnamon Toast Crunch (D)
*Quaker Instant Oatmeal (P)
*Cream of Wheat (P)

* Packet only, requires hot water from nourishment room

Lunch & Dinner

- ◆ Beef Brisket *with potatoes, peas & carrots* (M)
- ◆ Roast Turkey
with sweet potatoes, corn, peas & carrots (M)
- ◆ Filet of Sole *with shell pasta and green beans* (F)
- ◆ Spaghetti *with sliced carrots and green beans* (P)
- ◆ Stuffed Cabbage *with rice pilaf and green beans* (P)
- ◆ Chicken Broth (M)

Snacks

- | | |
|-------------------|---------------------|
| Potato Chips (P) | Chex Mix (D) |
| Pretzels (P) | Tostitos (P) |
| Cliff Bar (D) | Stby Applesauce (P) |
| <u>Yogurt</u> (D) | Seasonal Fruit (P) |
| • Blueberry | Oyster Cracker (P) |
| • Vanilla | Graham Cracker (P) |
| • Strawberry | Saltine Cracker (P) |
| • Greek Vanilla | Tuna Packet (F) |
| • Greek Mix Berry | |

Desserts

- | | |
|-------------------------|------------------------|
| Chocolate Pudding (D) | Vanilla Pudding (D) |
| Chocolate Ice Cream (D) | Vanilla Ice Cream (D) |
| Orange Sherbet (D) | Raspberry Sherbet (D) |
| Banana Twin Pop (DE) | Patriotic Popsicle (D) |
| Choc Chip Cookie GF (P) | Lemon Ice (P) |

Condiments

- | | | |
|-------------------|----------------------|---------------|
| Salt (P) | Pepper (P) | Mrs. Dash (P) |
| Ketchup (P) | Mayo (P) | Mustard (P) |
| Brown Sugar (P) | Lite Mayo (P) | Splenda (P) |
| Tartar Sauce (P) | BBQ Sauce (P) | Sugar (P) |
| Peanut Butter (P) | Strawberry Jam (P) | Honey (P) |
| Grape Jelly (P) | Ranch Dressing (D) | Margarine (P) |
| Hot Sauce (P) | Sugar Free Syrup (D) | Syrup (P) |

Beverages

- | | |
|---------------------------|-----------------------------|
| <u>Canned Soda</u> (P) | Diet Pepsi |
| Diet Sierra Mist | Diet Vernors |
| <u>Milk</u> (D) | Whole Milk |
| 1% Chocolate, | 2%, Skim, Soy |
| Water (P) | |
| Juice (P): | Apple, Tomato, Prune |
| <u>Tea</u> (P) | Reg, Decaf, Cranberry Apple |
| *Sugar Free Hot Chocolate | (D) |

Children's and Women's Hospitals

Patient Food Services

Call Center: (734) 232-3663 (2-3663 in house)

Hours: 6:30 a.m. to 8:00 p.m.

UH/CVC Kosher Selections

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Breakfast

- ◆ Cheese Omelet *with potato (D) Cholov Yisroel*
- ◆ Plain Bagel GF (P) **[K]**
-Cream Cheese (D)-Light, Chive & Onion or Strawberry
- ◆ Blueberry Muffin GF (P) **[K]**
- ◆ Cereal
Cheerios (P) Raisin Bran (P)
Cinnamon Toast Crunch (D)
Quaker Instant Oatmeal (P)
Cream of Wheat (P)

Lunch & Dinner

- ◆ Beef Brisket *with potatoes, peas & carrots (M)*
- ◆ Roast Turkey
w/ sweet potatoes, corn, peas & carrots (M)
- ◆ Filet of Sole *with shell pasta and green beans (F)*
- ◆ Spaghetti *with sliced carrots and green beans (P)*
- ◆ Stuffed Cabbage *with rice pilaf and green beans (P)*
- ◆ Chicken Broth (M)

Snacks

- | | |
|---------------------|---------------------|
| Potato Chips (P) | Chex Mix (D) |
| <u>Yogurt</u> (D) | Pretzels (P) |
| ◆ Blueberry | Seasonal Fruit (P) |
| ◆ Vanilla | Oyster Cracker (P) |
| ◆ Strawberry | Graham Cracker (P) |
| ◆ Greek Pineapple | Saltine Cracker (P) |
| ◆ Greek Vanilla | Tuna Packet (F) |
| ◆ Greek Mixed Berry | |

Desserts

- | | |
|------------------------------|-----------------------|
| Chocolate Pudding (D) | Vanilla Pudding (D) |
| Chocolate Ice Cream (D) | Vanilla Ice Cream (D) |
| Orange Sherbet (D) | Raspberry Sherbet (D) |
| Lemon Ice (P) | Banana Twin Pop (DE) |
| Chocolate Chip Cookie GF (P) | |

Beverages

- Canned Soda (P) - Diet Pepsi, Diet Vernors, Sierra Mist Zero
- Milk (D) - Whole, 2%, Skim, 1% Chocolate, Soy
- Water (P)
- Juice (P): Apple, Tomato, Prune
- Tea (P) - Regular, Decaf, Cranberry Apple
- Sugar Free Hot Chocolate (D)

Condiments

- | | | |
|-------------------|--------------------|---------------|
| Salt (P) | Pepper (P) | Mrs. Dash (P) |
| Ketchup (P) | Lite Mayo (P) | Mustard (P) |
| Brown Sugar (P) | Margarine (P) | Splenda (P) |
| Tartar Sauce ((P) | BBQ Sauce (P) | Sugar (P) |
| Peanut Butter (P) | Strawberry Jam (P) | Honey (P) |
| Grape Jelly (P) | Hot Sauce (P) | |

Contact Info: Phone 3-8080

From an Outside Line Call: (734) 763-8080

Hours of Operation: 24 hours a day